Process for Using Origene

Order an Origene genetic screening test.



Collect your DNA sample using our buccal swab or saliva sample collection kit, and send it to us.



We will extract your DNA from the sample and screen for genetic markers.



The results will be analysed and send to you via email in a report format.



You may consult your doctor or wellness practitioner on the next course of action.

Limitations

Genetic screening can indicate whether an individual has a predisposition, or is at an increased likelihood, of having an inherited disease or disorder. However, it cannot indicate if the individual will show symptoms, how severe the symptoms will be, or whether the disease or disorder will progress over time. A negative test result does not mean that an individual will not get an inherited disease or disorder because our genetic screening tests are designed to detect only highly significant genetic markers which have been documented during medical research. Environmental and lifestyle factors also play a role in the development of inherited diseases, disorders, and even traits

The results generated from our genetic screening test, which includes all additional health related information, is not an indicator of an individual's current or future health status, nor a diagnosis for any disease, disorder, condition or other health issues. The information provided in the test results should be confirmed by your doctor or a healthcare professional in a clinical setting before any further action/treatment is to be taken.









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Manage Your Health with Origene Genetic Screening Test

Experience a Healthier and Fulfilling Life by **Understanding Your Genetic Profile**

Origene genetic screening test uses genomics technologies to detect known genetic variations, or genetic markers, in your DNA. These genetic markers are found to be associated with risks for diseases or disorders, such as cardiovascular diseases, metabolic disorders, cancers, neurological disorders and even developmental disorders for children.

Beyond diseases, genetic screening is also able to identify traits that may influence skin conditions, wellness, fitness, physical appearance, and behaviors.



In simple terms, genetic screening helps you to know your genetic strengths and weaknesses. By detecting these genetic risks, you can plan with your family and healthcare practitioner on ways to help you to minimize the occurrence of a disease or disorder. You can also work with a wellness practitioner to develop suitable wellness management programs and adopt healthy lifestyle habits to enhance your health.

Understand and Manage Your Health and Wellness. Ask for Origene Today.

Origene screens your DNA for genetic markers associated with the following:

Derma

Acne Risk Body Odor (Bromhidrosis) Cellulite Collagen Integrity Dry Skin Eczema (Atopic Dermatitis) Folate-Folic Acid Deficiency Freckles Generalized Psoriasis Glycation Protection Keloid Risk

Melanin And Pigmentation Omega-3 And Omega-6 Deficiency Premature Wrinkles Response To Antioxidants Skin Barrier Skin Elasticity Skin Lightening Ability Sunspots Tanning Response Varicose Veins

Wellness

Achilles Tendinopathy Adiponectin Level Ankylosing Spondylitis Anterior Cruciate Ligament Rupture Caffeine Metabolism Calcium Metabolism Carbohydrate Metabolism Carotene Level CoEnzyme Q10 Collagen Formation Concussion **Detoxification Capacity Endurance Sports Performance Energy Utilization** Glaucoma Gluten Sensitivity Hay Fever HDL Cholesterol High Blood Sugar (Hyperglycemia) High Triglycerides Homocysteine Metabolism Inflammatory Response Lactose Intolerance LDL Cholesterol Longevity

Maximal Oxygen Consumption Osteoarthritis Osteoporosis Pain Tolerance Polyunsaturated Fatty Acids Power Sports Performance Respiratory Infection - Severity Respiratory Infection - Susceptibility Rheumatoid Arthritis Salt-Sensitivity High Blood Pressure Selenium Soft Tissue Injury Sports Induced Sudden Cardiac Arrest Steroid Hormones Metabolism Stress Sensitivity Total Cholesterol Vision Degeneration Vitamin A Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C Vitamin D Vitamin E

Sports and Fitness

Achilles Tendinopathy Anterior Cruciate Ligament Rupture Calcium Metabolism Osteoarthritis Osteoporotic Fractures Vitamin D Dietary Choline Tendency Phosphorous Metabolism Vitamin B12 Vitamin B6 Vitamin B9 - Folate Tendency Carbohydrate Utilization Cholesterol Response To Dietary Fat Fat Utilization Insulin Response To Dietary Fat Polyunsaturated Fat Metabolism Protein Utilization Vitamin E Impulse Control And Taste Preference Intrinsic Motivation To Exercise Sleep Duration Stress Sensitivity Testosterone Zinc Metabolism Copper Metabolism

Allergy

Allergy to Cats

Allergy to Grass Allergy to Metal (Nickel)

Allergy to Dust Mites

Exercise Heart Rate Response Fat Loss Response To Cardio Fitness Response To Cardio Glucose Response To Cardio **HDL** Response To Cardio Insulin Sensitivity Response To Cardio Triglycerides Response To Cardio Body Composition Caffeine Metabolism Lactose Metabolism Concussion Soft Tissue Injury **Endurance Capacity Energy Utilization** Exercise Intensity - Power Capacity Weight and Satiety Weight Loss Metabolism Weight Loss Tendency Weight Regain Tendency

Allergy to Milk Allergy to Peanuts Allergy to Shrimp Allergy to Wheat

Iron Metabolism

Antioxidants

Vitamin A

Vitamin C

CoEnzyme Q10

Magnesium Metabolism

Behavioural and Physical Traits

Ability to Memorize Addictive Personality Alcohol Dependence Alcohol Flush Appetite Regulation Body / Volume (Hair) Body Hair Emotional Quotient (EQ) Extroversion Food Addiction General Cognitive Ability Hair Dryness / Brittleness Hair Graying Hair Thickness Hair Thinning Hair Type Harm Avoidance Behaviour

Information Processing Power

Instant Gratification Lumbar Disc Disease Male Pattern Baldness Memory Skills Monobrow Motion Sickness Nicotine Dependence Optimism and Empathy Positive Affectivity Reading and Spelling Reward Dependence Sensitive Personality Sleep Depth Sleep Duration Sleep Latency Sleep Quality Sweet Tooth

Graves' Disease (Hyperthyroidism)

Non-Alcoholic Fatty Liver Disease

Insomnia

Gout

Heart Attack

Hypertension

Obesity

Hypothyroidism

Type 1 Diabetes

Type 2 Diabetes

Lung Cancer

Meningioma

Osteosarcoma

Nasopharvngeal Cancer

Oral And Throat Cancers

Ovarian Cancer (Female)

Prostate Cancer (Female)

Squamous Cell Carcinoma Of Skin

Testicular Germ-Cell Tumor (Female)

Prostate Cancer (Male)

Ovarian Cancer (Male)

Pancreatic Cancer

Stomach Cancer

Migraine Headache

Parkinson's Disease

Stroke

Non-Hodgkin's Lymphoma

Melanoma

Metabolic Syndrome

Peripheral Arterial Disease

Cardio and Metabolic

Abdominal Aortic Aneurysm Arrhythmogenic Right Ventricular Dysplasia Atrial Fibrillation Chronic Obstructive Pulmonary Disease Coronary Heart Disease Deep Vein Thrombosis Pulmonary Embolism

Dilated Cardiomyopathy Dyslipidemia

Gallstone

Gestational Diabetes

Onco

Acute Lymphoblastic Leukemia Basal Cell Carcinoma Bladder Cancer Breast Cancer (Female) Breast Cancer (Male) Cervical Cancer (Female) Cervical Cancer (Male) Chronic Lymphocytic Leukemia Colorectal Cancer Endometrial Cancer (Female) Endometrial Cancer (Male) **Esophageal Cancer** Gallbladder Cancer Glioma Development (Brain Tumor) Hepatocellular Carcinoma

Hodgkin's Lymphoma Kidney Cancer

Laryngeal Cancer

Neuro

Alzheimer's Disease Brain Aneurysm Depression Epilepsy

Testicular Germ-Cell Tumor (Male) Thyroid Cancer

Childhood-Onset Diseases

Adolescent Idiopathic Scoliosis Allergic Rhinitis Asthma Attention-Deficit Hyperactivity Disorder Celiac Disease Childhood Epilepsy Crohn's Disease Dyslexia Early Speech Development Invasive Pneumococcal Disease Juvenile Idiopathic Arthritis

Kawasaki Disease Long QT Syndrome Meningococcal Disease Obesity (Childhood Onset) Obsessive-Compulsive Disorder Pathological Myopia Restless Legs Syndrome Teething Tourette Syndrome Ulcerative Colitis